

Who is the Chronic Pain Program for?

The program is suitable for all people with non-malignant chronic pain, provided they continue under the care of their medical professional for the duration of the program. Clients arrive with a very wide variety of pain: Arthritic Pain, Neuropathic Pain, Phantom Pain, Unexplained Muscle Spasm, Back Pain, Neck Pain, Myofascial Pain, Fibromyalgia, etc, whether there is damage or not.

Some clients are taking pain medication, and some have been using treatments like the TENS machine or hydrotherapy. The thing that all our clients have in common is that none of these treatments have given them enough relief.

What Can I Expect?

You can expect that the program will most probably decrease or eliminate your chronic pain. 85% of people who complete this program get that result quite quickly, and permanently (compared to less than 30% who are helped by other methods).

What Proof is There?

On our web site at LifeworksPainClinic.com you will find the original research paper on which the program is based. You will also shortly find a paper on a further trial which is currently in planning stages as we train health professionals in the methods. We keep ongoing data of all our pain clients and these results demonstrate very conclusively that the program works extremely well for most people.

What Methods Do You Use?

The methods we use were developed here in Perth, and are a refinement of a group of techniques known as “MDR”. These techniques are from relatively new fields of science and Lifeworks Pain Clinic is in the forefront of research and development of these methods.

We do not use medication, surgery, or equipment such as the TENS machine. We teach you how to do your own pain treatment with our new methods so that your nervous system and brain stop over-reacting and causing painful feelings for you.

What is the Cost?

Clients may attend Lifeworks Pain Clinic as an individual or as a group attendee. Individual sessions are charged at \$250-\$270, and currently there is no health fund rebate.

How Do I Enrol in the Program?

It is essential that you have a diagnosis of chronic pain from your GP or pain specialist. You don't need a referral, but you must realise that because of the critical need for all your health providers to remain informed of your treatment, that we need to submit regular reports to them. In this way they can in turn provide the best possible care for you.

Making an Appointment

Simply fill out an appointment request form on the web site (see “Appointments” at www.lifeworkspainclinic.com) or telephone us on 0409 689 741. Please note that private patients and workers' compensation patients need to use the appropriate form on our appointments page on the web site.

Forms can be confusing, so **feel free to telephone or email the information** if that makes things more straightforward for you.